



ACTIVECARE MEDICAL CLINICS

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Dr. Pham's Allergy/Asthma Rapid Access Fast Track Form

Special Interest in Severe Asthma, Nasal Polyps, Eczema, Urticaria, Eosinophilic Esophagitis

Referring Provider Information

Provider Name: _____

Billing #: _____

Fax: _____

Patient Information/Sticker

Patient Name: _____

OHIP # & VC: _____

DOB (DD-MM-YY): _____

Phone: _____

Address: _____

5 Major Indications for Rapid Referral:

Check box & fax back form if your patient meets these criteria for fast tracking

1. Severe Chronic Urticaria

- Rapid Referral Criteria: **Hives despite quadruple-dose antihistamine** (e.g., Blexten™ 80 mg/day, Cetirizine/Reactine™ 40 mg/day, Rupall™ 40 mg/day, etc.) [consider initiation for fast-tracking]

2. Severe Eczema/Atopic Dermatitis

- Rapid Referral Criteria: **Refractory or chronically relapsing eczema despite optimal adherence to mid-high potency topical steroids and/or bursts of prednisone** [consider initiation for fast-tracking]

3. Severe Asthma +/- Dual Adult Respirology Consult (Dr. Warwick)

- Rapid Referral Criteria: **Uncontrolled asthma needing chronic prednisone or ≥1 exacerbation needing prednisone despite high-dose ICS/LABA +/- LAMA** [consider initiation for fast-tracking] (e.g., Atecura 150/320 mcg 1 puff daily, Breo 200/25 mcg 1 puff daily, Enerzair 1 puff daily, Symbicort 200/6 mcg 2 puffs bid + prn, etc.)
- Attach CBC +/- Total IgE if available

4. Severe Chronic Rhinosinusitis/Nasal Polyps

- Rapid Referral Criteria: **Severe congestion & smell loss needing chronic prednisone or ≥2 bursts of prednisone in last 1 yr despite Pulmicort 0.5 mg bid rinses; Not fit for sinus surgery/refractory to sinus surgery/patient preference to avoid sinus surgery; Absolute Eosinophil Count ≥0.15; Serum Total IgE >150 kU/L**

5. Severe Eosinophilic Esophagitis

- Rapid Referral Criteria: **Dysphagia despite PPI, Topical Steroids, and/or Diet Elimination Efforts**